



Brain Injury Association of Niagara

Unit 4 - 300 Bunting Road
St. Catharines, ON L2M 7X3
905-646-2426 www.bianiagara.org

Serving Individuals with Concussion and Brain Injury

So, you have had a Concussion...now what?

Brain Injury Association of Niagara is pleased to share with the community evidenced-based management guidelines for concussion.

*This **On-Line** Seminar will be presented by Sean Robb, Ph.D. Candidate (Neuropsychology).*

Format: One-hour education session on concussion followed by a one-hour question and answer period.
Time: 5 to 7 p.m. on Wednesday, September 15, 2021.

***** This will be an on-line Session via ZOOM*****

Please email pat@bianiagara.org or call 905-646-2426 ext. 1 for information or to register, and for the link for the Zoom connection.

Note: *In order to participate you will need access to a computer, tablet, or cell phone with video and high speed internet.*

Target Audience: Anyone who has recently sustained a concussion, and/or family members/caregivers

Having good information about concussion, its effects, and how to manage symptoms has been shown to improve outcomes after concussion. You are not alone!

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Thanks to funding gratefully received from

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